

SACRED HEART BEATS

THE VOICE OF SACRED HEART



SACRED HEART CMI SCHOOL

NOUSHERA, SHAMBHU, RAJPURA PUNJAB

MANAGERS MESSAGE



I am very happy to know that the Sacred Heart School is bringing out a Newsletter called SACRED HEART BEATS which is an evidence to the parents, the publishers and all the readers how our students have become self-confident to express themselves what they are and how they acquired fluency in English language and capacity in communicating their views and ideas in English language with other people. Also the newsletter will tell us how the students are brought up in self-discipline, in attractive, personality traits etc.

I congratulate the Principal, the teachers and all who engaged in bringing up the students into patriotic children of the country. I wish every success in all their endeavors.

Wishing you all the best.

Fr. Austin Kalapura CMI
Manager

PRINCIPALS MESSAGE



To my mind education as an idea, is not just about bricks, mortar and concrete, but about building character, enriching minds and about varied experiences that last a lifetime. SACRED HEART SCHOOL's vision is to give the students the all-round capability including creativity, observation and knowledge empowerment leading to the generation of excellent, performing citizens with sterling character. SACRED HEART provides a platform to its students to showcase their inborn talents.

I expect sincere cooperation from parents and guardians for the attainment of school's objectives. I congratulate all teachers and students who worked behind the releasing of the SACREDHEART BEATS the first newsletter of Sacred Heart School.

"With warm wishes and God's blessings".

Fr. Siju Pal CMI
Principal

TEAM OF MANAGEMENT



Fr. Martin CMI
Provincial



Fr. Rinoj CMI
Councillor of Education



Fr. Austin CMI
Manager



Fr. James Joseph CMI
Director



Fr. Siju Paul CMI
Principal



Fr. Don Shaji CMI
Administrator



Fr. Tony CMI
Principal, St. Marys School

SOURCE OF CREATIVITY



Bro. Delvin CMI



Bro. Melvin CMI

ADMINISTRATOR MESSAGE



The world today is changing at such an accelerated rate and we as educators need to pause and reflect on this entire system of Education. "To Motivate the Late bloomers, To mold the Mediocre and To Challenge the Gifted" is the teaching notion.

There is something for everyone here. I congratulate the entire team for their hard work and dedication for making this SACRED HEART BEATS. The reflection of the students' and teachers creativity is the epitome here. I am sure that the positive attitude, hard work, sustained efforts and innovative ideas exhibited by our young children will surely stir the mind of the readers and take them to the fantastic world of unalloyed joy and pleasure. "Success comes to those who work hard and stays with those who don't take rest on the laurels of the past".

Fr. Dona Shaji CMI
Administrator



EDITORIAL



"When our signature changes to, autograph this marks the success"
A.P.J. Abdul Kalam

SACRED HEART SCHOOL is showing its progress in every corner whether it is education, language, competitions, Technology or activities. Not only in education, are students growing as a whole. The Sacred Heart School is forming a new generation and building new culture. During this pandemic the school has introduced zoom and Google meet, virtual competitions and celebrations. This is the great achievement of the school.

We really appreciate Principal Fr. Siju Paul CMI and Administrator Fr. Don Shaji CMI and all our colleagues who helped us to materialize our dream to release our school magazine. SACRED HEART BEATS is the first endeavor of our school. This is conveying how much our school is dynamic and becoming a soul presence in the area. We are very much contented of all the innovative undertakings which are more advantageous for the children for their fundamental development. We wish and pray that let this magazine the ever creative outcome of our school be a medium and inspiration for all our readers and well-wishers.

Paramjeet Kaur
Editor

"The secret to creativity knows how to hide your sources"
- Albert Einstein

TEAM OF TEACHERS



Shiwangi Abbet
English - Co Ordinator



Paramjeet Kaur
Mathematics



Amandeep Kaur
Science



Arti Gulati
Hindi



Harpreet Kaur
Punjabi



Seema Kumari
Social Studies



Meenu
Computer



Harpreet Kamboj
KG Co Ordinator

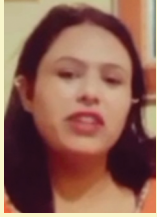


Vaishally Anand
Office Administration



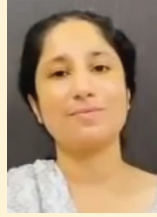
Aditi Setia
P.R.O.

PARENTS TESTIMONY ABOUT SACRED HEART SCHOOL



Jasdip Kaur
Ishmaan's Mother
Pre KG

I am very happy to choose Sacred Heart School for my son. All the teachers are very helpful and very loving



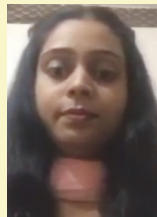
Sukhwanth Kaur
Mehtab's Mother
UKG

All the teachers of the sacred Heart School are really hard working. In the period of pandemic they tried their best to teach their students in better way by using the modern technology.



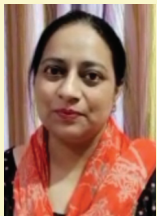
Neha Bhatia
Reba's Mother
Class : 1st

First of all thank you Father for being the best Principal to my kids today. I know other parents and students will feel the same way , but very often we forget to tell you how much we appreciate you. The school is definitely a best place because you are there. My children love the school more than anything else. Thank you.



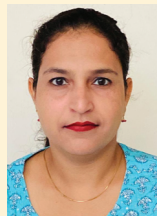
Rimpay Rani
Gursees Mother
LKG

मैं सभी टीचरों का धन्यवाद करना चाहती हूँ क्योंकि उन्होंने लोकडाउन में भी बहुत अच्छी ऑनलाइन क्लाससि लगाई. सभी टीचर बहुत अच्छे हैं। सभी टीचर बहुत अच्छी पढ़ाई कराते हैं। शिक्षक हमारे जीवन में बहुत महत्व रखता है। बिना शिक्षक के हम अपने जीवन को कल्पना भी नहीं कर सकते। एक वृद्धिधरार्थी को शिक्षक ही सही दिशा दिखाता है। सभी वृद्धिधरार्थियों को अपने शिक्षकों का सम्मान करना चाहिए।



Jatinder Kaur
Nishan's Mother
Class : 4th

Being a teacher I can understand all the responsibilities and emotions of a teacher. Dear all the teachers of Sacred Heart school you are the best, because you brought out the best from our children. Thank you for all the efforts that you pay on our children to grow and challenges them and concern them and help them to become who they are.



Mandeep Kaur
Ravjot's Mother
Class : 1st

I am very happy because I got a chance to share my views. I am very thankful to all the teachers. Fr. Principal and management of Sacred heart School, because they are giving their best to the students for their bright future. I am proud because we are also part of Sacred Heart School



Harpreet Kaur
Gurveen's Mother
Class : 3rd

Teachers are the second mothers. Teachers help the students so that they learn how to respect parents and school teachers . thanks and regards.



Harjinder Kaur
Marsirat Kaur mother
Class : 2nd

I am the mother of Mansirt Kaur of 2nd class. It is a great honour for us to be a part of Sacred Heart School I am giving special thanks to all teachers. We appreciate your work, your time. Your patience and your ability to make a dry subject interesting.

FORMATION OF BETTER CHARACTER

Character formation is the most important values that we must inculcate in student's life at the very young age onwards. The school takes a parental role to mould the child not only with study skills, or writing skills but importantly formation of child with good character that would make him grow to be a good citizen. Today with all modern learning and so much of freedom to children gradually character formation is side-lined first and foremost parents, teachers, management and children should have the positive feel about *character formation*. It is wonderfully said that, "If wealth is lost nothing is lost, if health is lost something is lost but if character is lost everything is lost". It has deep message in that If we don't have good health and wealth, society will respect us but a person without character is not given respect. We have a lot of programmes to give the proper character formation for the children.

- 1. Positive strokes** : students positives will be high lightened and they will be granted for doing the maximum good in one week
- 2. Regular PTM:** Parent Teacher Meeting is conducted every two months, which gives an opportunity for the parents to get a feedback on academic matters as well as character and personality development.
- 3. Celebrations and competitions** : they are conducted on every special and important days which give students good platform to showcase their talents and innate ideas.



M.S. Shiwangi

ENGLISH FOUSSING CAMPUS



English is the most commonly spoken language in the world. One out of five people can speak or at least understand English. English is the language of science, aviation, computers, diplomacy, and tourism. Knowing English increases your chances of getting a good job in a multinational company within your home country or of finding work abroad. English is the official language of 53 countries and is used as a lingua franca (a mutually known language) by people from all around the world. Language Proficiency is one of the major thrusts of our school education. There are four domains to language proficiency they are reading, writing, speaking and listening. Sacred Heart is mainly focusing to

1. **Smart vocabularies:** three new words are given to all students daily
2. **One minute speech :** an opportunity is given to the students for one minute speech during morning assembly
3. **English Newspaper:** The Times of India newspaper is distributed to every student every day. They have to present the daily news.
4. **Literary forum:** students are writing poems, stories etc. on given time and submitting it to the teachers.
5. **Public speaking:** Public Speaking coaching is there for every student in two periods on every week.

Mrs. Vaishally Anand

EXCELLENCE IN ACADEMIC



Academic excellence is the demonstrated ability to perform, achieve or excel in scholastic activities. Academic excellence has been identified with achieving high grades and superior performance. Academic excellence is very much important because it's strongly linked to the positive outcomes we value. Children who masters in basic reading , writing and mathematics skills are less likely fail in school and more likely to develop the thinking skills. Sacred Heart has been focusing an Academic excellence in various ways:

1. **Online classes :** during the Covid period classes were conducted through Google meet and Google class room regularly
2. **Assignments, seminars and workshops:** assignments, seminars and workshops are conducted to the students timely.
3. **Examinations:** weekly Class tests, Monthly tests, Periodical Tests, Unit tests and semester exams are conducting in two semesters.
4. **Evaluation:** Special evaluation is being done on oral, writing, listening and reading performances of the students regularly.
5. **Monthly feedback** on academic and non-academic areas is given on PTM

Mrs. Seema

EXTRA ORDINARY WITH EXTRA-CURRICULAR



Our school make available number of activities and competitions in order to advance abilities of the students, boost their morale, nurture confidence, enhance their creativity and moreover, effective and efficient learning. Some of the activities are as follows:

- Skating**
- Dance are the basic activities undertaken** with the guidance of the trained coaches. Such activities develop students' Physical mental and intellectual levels.
- Art and Drawing :** is another activity being conducted regularly as it is one of the subject according to the curriculum.
- Public speaking :** - In their initial stage itself, Students are brought in front of public so that they could develop confidence in them to face people and with that their vocal expressions, oratory and public appearing improves which will pay them a lot in future.
- Celebrations and competitions:** they are conducted on every special and important days which give students good platform to showcase their talents and innate ideas.
- Literary and Cultural Association (LCA) :** Inorder to develop the writing habits of our students proper fromation of literary writing competions and effective coachings are provided to the students.

Miss. Aditi



Tanveer Kaur
(Class : 1st)

ਮੇਰੀ ਮਾਂ

1. ਮੇਰੀ ਮਾਤਾ ਜੀ ਬਹੁਤ ਪਿਆਰੇ ਹਨ।
ਉਹ ਮੇਰਾ ਬਹੁਤ ਧਿਆਨ ਰਖਦੇ ਹਨ।
ਉਹ ਰੱਬ ਨੂੰ ਬਹੁਤ ਮਨਦੇ ਹਨ।
ਉਹ ਹਮੇਸ਼ਾ ਸਭ ਦੀ ਮਦਦ ਕਰਨ ਲਈ ਤਿਆਰ ਰਹਿੰਦੇ ਹਨ।
ਸਾਨੂੰ ਆਪਣੇ ਮਾਤਾ-ਪਿਤਾ ਦਾ ਸਤਕਾਰ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ।



Nikunj Kaushal
(Class : 3rd)

ਮੋਬਾਇਲ ਫੋਨ

- ਮੋਬਾਇਲ ਫੋਨ ਸਾਡੀ ਜ਼ਿੰਦਗੀ ਦਾ ਮਹੱਤਵਪੂਰਨ ਹੱਸਿਾ ਬਣ ਚੁੱਕੇ ਹਨ।
ਸਾਨੂੰ ਸਭ ਨੂੰ ਇਸਦੀ ਵਰਤੋਂ ਲੋੜ ਅਨੁਸਾਰ ਹੀ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ। ਪਰ ਇਹਨਾਂ ਦੇ ਕਈ ਫਾਇਦੇ ਤੇ ਕਈ ਨੁਕਸਾਨ ਵੀ ਹਨ।
ਇਹਨਾਂ ਦਾ ਅੱਖਾਂ ਤੇ ਬਹੁਤ ਬੁਰਾ ਅਸਰ ਪੈਂਦਾ ਹੈ।
ਇਸ ਕਰਕੇ ਸਾਨੂੰ ਹਮੇਸ਼ਾ ਆਪਣਾ ਫੋਨ ਆਪਣੇ ਤੋਂ ਦੂਰ ਰੱਖਣਾ ਚਾਹੀਦਾ ਹੈ।



Gurtej
Class: 4th

ਮੇਰਾ ਪ੍ਰਯੋਗ ਮੱਠਿਰ

- ਸਚ੍ਚਾ ਮੱਠਿਰ ਮਲਿਨਾ ਭਰਨਾ ਦੁਰਲੱਭ ਹੈ ਜਤਿਨਾ ਮੋਤੀ। ਆਵਸ਼ਯਕਤਾ ਕੇ ਸਮਯ ਕਾਮ ਆਨੇ ਵਾਲੇ ਮੱਠਿਰ ਹੀ ਵਾਸ਼੍ਤਵ ਮੇਂ ਮੱਠਿਰ ਹੈਂ। ਮੇਂ ਬਹੁਤ ਭਾਗਯਸ਼ਾਲੀ ਫੁੱ ਕੀ ਮੁਰਾ ਸਚ੍ਚਾ ਮੱਠਿਰ ਹੈ। ਮੇਰੇ ਮੱਠਿਰ ਕਾ ਨਾਮ ਨਸ਼ਿਅਨ ਸਹਿ ਹੈ। ਵਹ ਏਕ ਆਦਰ੍ਸ਼ ਲੜਕਾ ਹੈ। ਵਹ ਮੇਰੀ ਕਕ੍ਸ਼ਾ ਮੇਂ ਹੀ ਪਫੁਟਾ ਹੈ। ਵਹ ਅਧ੍ਯਾਪਕੋਂ, ਮਾਤਾ-ਪਤਿਾ ਤਥਾ ਬਡੋਂ ਕੀ ਆਜੁਤਾ ਕਾ ਪਾਲਨ ਕਰਤਾ ਹੈ। ਵਹ ਹਰ ਕਾਮ ਮੇਂ ਮੇਰੀ ਸਹਾਯਤਾ ਕਰਤਾ ਹੈ। ਭਗਵਾਨ ਸਬਕੋ ਏਸਾ ਮੱਠਿਰ ਦੇ।



Sehajpreet kaur
Class : 2nd

Importance of Teacher

Teachers are very important in life. They are very hard working. They bring best out of us. They always motivate us. Our teachers help us in our studies. We should respect our teachers.



Nishan
Class: 4th

Use of Mobile Phones

A mobile phone is a device used for various purposes. It is a good technology. It helps in communication. There are so many applications that are having different uses. It has Google which helps in difficult question. We can click pictures in mobile phone also like a camera which is not possible in landline.



Harmanpreet
Class :3rd

Trees

Trees have very important role in life. It gives oxygen. Without trees, there is no life. We should not cut trees because they are very important for us. Trees give us wood, vegetables and fruits. Trees are home of birds also. We should give them water every day, whenever you are happy, plant a new tree.



Gurveen kaur
Class :3rd

Water

Water is very much important for us. Without water we can't survive. We use water for cooking, washing, drinking, bathing etc. Without water, we can't imagine our life. So, save water. Always close the tap after using, use bucket water in place of pipes. By doing these small things, we can save water.



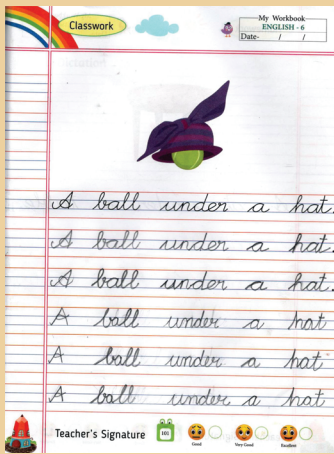
Rebha Bhatia
Class :1st

My Mother

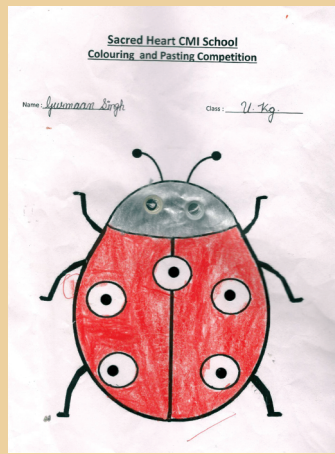
My mother is very beautiful. She wakes up early in the morning. She cooks delicious food for me. She plays with me. I love my mother very much.



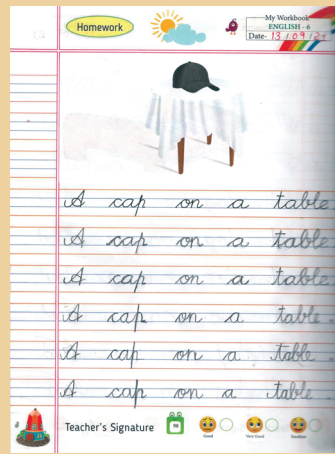
Amitoj UKG
HANDWRITING



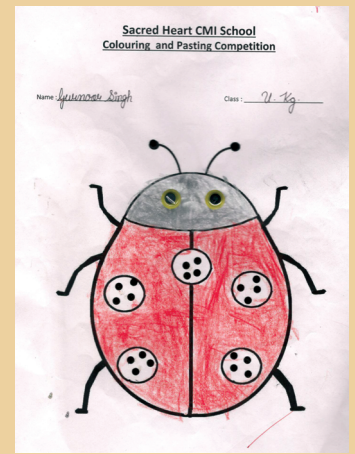
Gurmaan UKG
ART



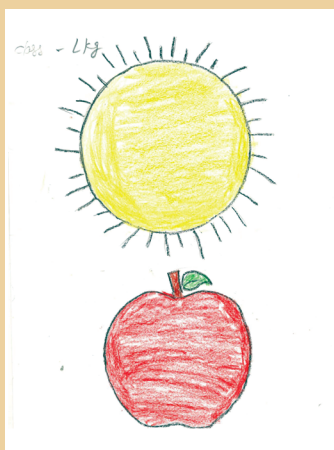
Gurnoor UKG
HANDWRITING



Gurnoor UKG
ART



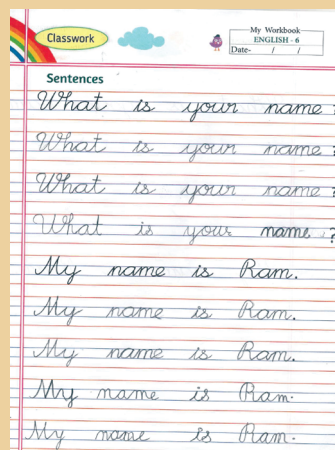
Karmanjot LKG
ART



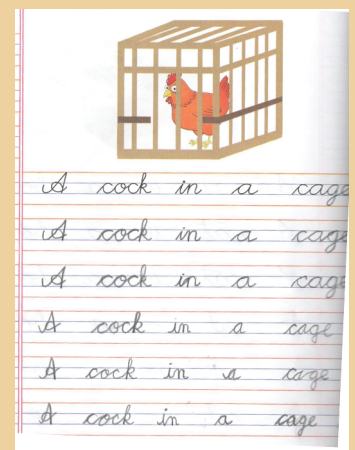
Manveer Singh LKG
ART



Sehranpreet UKG
HANDWRITING



Tarnit UKG
HANDWRITING



COMPETITIONS LIST (2021-22)

HANDWRITING



Harfateh Singh
Pre.Kg



Jasnoor Kaur
Pre.Kg



Harhimat Kaur
L.Kg



Gursees Kaur
L.Kg



Amitoj Singh
U.Kg



Mehtab Singh
U.Kg



Rebha Bhatia
1st



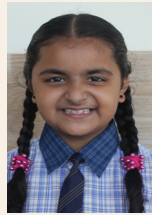
Gurnoor Singh
1st



Mansirat Kaur
IInd



Sehajpreet Kaur
IInd



Gurveen Kaur
IIInd



Harsimran Singh
IVth



Gurtej Singh
IVth



Harfateh Singh
Pre. Kg



Accharpreet Kaur
Pre. Kg



Gursees Kaur
L. Kg

RHYMES

SALAD MAKING



Agamveer Singh
L. Kg



Amitoj Singh
U. Kg



Tarnit Kaur
U. Kg



Rebha Bhatia
1st



Ravjot Singh
1st



Kavneet Kaur
1st



Mansirat Kaur
2nd



Sehajpreet Kaur
2nd

COLOURING



Gurveen Kaur
3rd



Nishan Singh
4th



Gurtej Singh
4th



Ranjodh Singh
Pre.Kg



Accharpreet Kaur
Pre.Kg



Gursees Kaur
L.Kg



Manveer Singh
L.Kg



Amitoj Singh
U.kg

DANCE



Sharanpreet Kaur
U.kg



Parteeek Singh
U.kg



Tanveer kaur
1st



Rebha Bhatia
1st



Mansirat Kaur
2nd



Amarbir Singh
2nd



Gurveen Kaur
3rd



Nishan Singh
4th

STORY TELLING



Sehajdeep Singh
4th



Ravjot Singh
1st



Sehajpreet Kaur
IInd



Harmanpreet Singh
IIIrd



Nishan
IVth



CELEBRATIONS AND COMPETITIONS

Various festivals are being celebrated together in order to build the qualities of secularism, equality and respecting each others customs and traditions. Different activities are performed related to that particular festival so that students' creativity get enhanced. Togetherness, Unity, Teamwork, Coordination, etc values are developed in students. Celebrations like Independence day, Teachers' day, etc are always there as fun activities is also necessary because with learning enjoyment is must:

1. **An Inauguration ceremony of new academic year** was conducted on 19.04.2021.



2. **Welcome Back Students!**

After COVID period, when students came back, they were Welcomed whole heartedly. They were welcomed with tilaks on their forehead which symbolises blessing to start a new beginning, then their pictures were taken with a photo frame, made by teachers themselves in order to show their love for their students.



3. **Independence Day Celebration**



4. **Talents splash:** A special talent hunt was organised in the campus where Art competition was there for Kg students and Dance competition for senior students.



5. **Janmashtami celebration:** Janmashtmi, a hindu festival was celebrated together by all students and teacher where some of the boys and girls were dressed as Krishna and Radha and performed dance and costume presentation.



6. **Teachers' day :-**

Fr. Tomy, Councilor of CMI Province, Kerala and Manager of Sacred Heart Fr. Austin were invited on teachers' day celebration where they shared their experiences and message with teachers and students.



7. **Teachers Training Programmes** About seven training programmes were conducted in the school for the teachers.



STAFF TRAINING PROGRAMME RESOURCE PERSONS



Fr. Bobby CMI
Principal, Santhigiri College of Management, Kerala



Fr. Biju Vettukallel
Principal, Viswadeepthi CMI School, Kerala



Fr. Johnson Palappally CMI
Former Principal, Media Person



Fr. Rinoj CMI
Former Principal Christ College, Bangalore



Fr. Tomy Nambiaparambil CMI
Former Principal, Teachers Trainer

8. Fruit Salad making for KG students: An activity of fruit salad making conducted in school.



9. Inauguration of new Park: A new children's park inaugurated in the school campus.



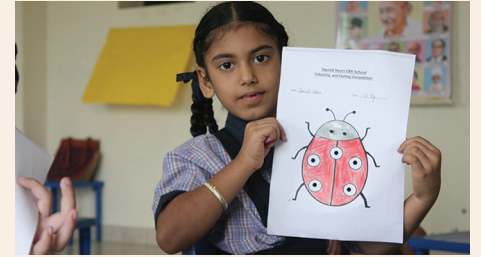
10. Managers Day: Managers day was celebrated in the school with related to the Birthday of our Manager Fr. Austin CMI



11. Extracurricular activities : the inauguration of the extra curricular activities were conducted in the school. Skating, drawing, bangada etc. dance, public speaking etc. are some of the activities that we have.



12. Colouring competition: coloring competitions for the Kg Students conducted in the school.



13. Gandhi Jayanthi Celebration: Gandhi Jayanthi day celebrated as labour day.



**ADMISSIONS
OPEN
2022-23**

SACRED HEART SCHOOL

SHAMBHU, NOUSHERA, RAJPURA, PUNJAB

THE NAME YOU CAN TRUST

SCHOOL BUS FACILITY AVAILABLE

CONTACT : 9914685568, 01762 - 292631